

YIMENG ZHANG

[i yimengzhang.homes](mailto:yimengzhang.homes) github.com/yimeng-zhang0418

[\(+86\)150 6769 4918](tel:+8615067694918) [✉ zhangyimeng0418@gmail.com](mailto:zhangyimeng0418@gmail.com) [📍 Hangzhou, Zhejiang, China](https://www.google.com/maps/place/Hangzhou,+Zhejiang,+China)

EDUCATION

Zhejiang Sci-Tech University

Bachelor of Science in Applied Psychology

GPA: 88.2/100

Zhejiang, CN

Sep 2020 - Jun 2024 (expexted)

PUBLICATIONS

Y. Zhang, F. Ma, H. Cui, Y. Hu, X. Cheng and Y. Pan, “Interpersonal educational neuroscience: A scoping review of the literature”, *Educational Research Review*, 2024.

L. Tao, **Y. Zhang**, “The Efficacy of Different Psychotherapy Formats for Adults Anxiety: A Network Meta-analysis”, *American Psychological Association*, 2024, Under Review.

Y. Zhang, S. Gao, X. Hao and H.Liu “Heart to Heart: Interpersonal Synchronization in Romantic Relationships”, *Chinese Journal of Clinical Psychology*, 2024, Under Review.

RESEARCH EXPERIENCE

Impact of self-disclosure in active listening on empathy and outcomes

Intern, Supervisor: Prof. Yun Lu, Zhejiang University

Zhejiang, CN

Mar 2023 - Now

- Study of time series analysis based on Group Iterative Multi-Model Estimation (GIMME).
- Retrieval and adaptation of scales of state empathy, participation in experimental design and subject recruitment.

Multi-person neural synchronization under social interaction

Intern, Supervisor: Prof. Yafeng Pan, Zhejiang University

Zhejiang, CN

Jun 2022 - Now

- Recruited subjects, collected data and learned the use of function near-infrared spectroscopy (fNIRS).
- Conducted a literature review on interpersonal brain synchronization and teacher-student interactions.
- Used motion energy analysis (MEA) and rMEA to analyze synchronization behavior.

The efficacy of Different Psychotherapy Formats for Adults with Anxiety Disorders

Research Assistant, Supervisor: Tao Lin, M.A., Ohio University

Ohio, US

Mar 2023 - August 2023

- Searched bibliographical databases, selection of studies, retrieval of data and risk of bias.
- Calculated and pooled effect sizes.
- Examined heterogeneity and potential publication bias.

The time course of outcome prediction and evaluation during prosocial-helping decision making

Primary student researcher, Supervisor: Prof. Tian Gan, Zhejiang Sci-Tech University

Zhejiang, CN

Aug 2022 - Feb 2023

- Conducted a literature review on prosocial-helping decision making.
- Used NEUROSCAN, MATLAB to process the EEG data; using SPSS, JASP to analyze the data.

Interpersonal Synchronization in Romantic Relationships

Primary student researcher, Supervisor: Prof. Hongyan Liu, Zhejiang Sci-Tech University

Zhejiang, CN

May 2021 - May 2022

- Conducted a literature review on Interpersonal Synchronization in Romantic Relationships.
- Completed the writing and submission of the article.

Electronic media use and social-emotional competence development among preschool children

Primary student researcher, Supervisor: Prof. Shaoyin Liu, Zhejiang Sci-Tech University

Zhejiang, CN

Feb 2022 - Mar 2023

- Applied ASQ:SE-2 and the Brigance Parent-Child Interactions Scale for measurement; performed the chi-squared test, Exploratory Factor Analysis, and binary logistic regression based on the gained data.
- Discovery of protective and risk factors for young children’s social-emotional development during electronic media use; wrote the research report in APA style.

WORK EXPERIENCE

Zhejiang Sci-Tech University

Consultant

Zhejiang, CN

May 2023 - Now

- Conduct peer counseling for college students.
- Receive targeted training and long-term supervision.

Hangzhou Basic Education Research Office Affiliated School**Zhejiang, CN***Consultant**Feb 2023 - Now*

- Trained in Focused Solution Painting.
- Weekly case consultations are conducted at the school and weekly group supervision is conducted.

School Psychological Counseling Center**Zhejiang, CN***Assistant Psychotherapist**Apr 2021 - Now*

- Trained in client confidentiality and ethical considerations, especially providing support to psychotherapists.
- Responsibilities included managing appointments, organizing and maintaining client records, assisting with research projects, coordinating treatment programs, and organizing campus activities.

Department of Psychological Counseling, Tongde Hospital of Zhejiang Province**Zhejiang, CN***Intern, Supervisor: Prof. Guangzhong Xu**Feb 2022 - Jun 2022*

- Trained in psychological counseling, learned interview techniques, therapeutic techniques and interventions.
- Assisted in the development and implementation of treatment plans for patient.

Solution-focused Brief Therapy (SFBT) Group Training**Zhejiang, CN***Member**Feb 2022 - Dec 2022*

- Completed 200 hours of training in Solution-Focused Brief Therapy, including 50 hours of theoretical learning, 50 hours of in-class counseling practice, 50 hours of group counseling simulation, and 50 hours of supervision by a nationally registered counseling therapist.

Qiantang District Blue Sky Rescue Team**Zhejiang, CN***Team Member**Sep 2020 – Jun 2021*

- Received rescue training and obtained Red Cross first aid certificate.
- Conducted in-depth community and school lectures and drills on rescue knowledge.
- Accumulated over 100 hours of volunteer service.

Student Union, Volunteering Guidance Center**Zhejiang, CN***Team Member**Sep 2020 – Sep 2021*

- Managed college-level voluntary activities, organized students to conduct large-scale voluntary training and activities and award as the best staff (only one per department).
- Volunteering: volunteer for COVID-19 in campus, volunteer for children with autism, volunteer for Asian Games.

Student Union, Faculty of Science, All Media Center**Zhejiang, CN***Team Member**Sep 2020 – Sep 2021*

- As a military training reporter, record every moment of military training.
- Made posters and write various news about the college.

AWARD & HONORS

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| • Excellence in Scholarship Award | 2020-2023 |
| • Provincial Second prize in the Internet+ competition | 2021 |
| • Outstanding Middle School Contact Person and Active Participant in Social Activities | 2020 |
| • 1 st prize in the Speech Contest (school level) | 2022 |
| • 2 nd prize as a Science Popularization Lecturer (school level) | 2022 |
| • 1 st prize in Wahaha Marketing Competition (school level) | 2021 |
| • 1 st prize in the Aerobics competition (school level) | 2020 |

RELEVANT SKILLS

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- Programming: Python, MATLAB (EEG LAB), NEUROSCAN, MEA.
 - Data Analysis: R (rMEA), SPSS (process), JASP, Excel.
 - Languages: Mandarin Chinese (native), English.